

Reconciliation and Holy Communion Preparation



Session 2

What is a saint?



A saint is a person who is believed to be **especially** close to God. Some saints are prophets, or messengers of God. Others are healers, doers of good deeds, or martyrs. A martyr is someone who is killed for belonging to a religion.

Mother Teresa was made a saint in 2016.

Mother Teresa lived a very simple life. Her only possessions were a bucket and two saris.

Look at pictures in your envelope showing life of Mother Teresa.





4/ This man was a bishop who lived in a big house. He saw some poor people and put a little bag of money through their window so that they could eat food on Christmas Day. Today we put little gold and silver baubles on our Christmas trees to remember this kind thing that he did. In some countries his name is Santa Claus!

5/ This man loved to thank God for the beauty of nature, hills, trees, animals, the sun, the moon and the stars.



He loved to live simply and he gave away all that he had to help the poor.
He loved to sing and dance because he was so happy that God loved him and loved everyone.



6/ When this young girl was at school she was often very poorly so she missed her lessons. The priest did not want her to make her First Holy Communion because she had missed so much school.
One day when she was collecting firewood for her Mum she saw a beautiful lady. She was told by the Lady that people should come to that place to pray and drink from the stream that appeared there. Today millions of people go to that place in Lourdes in France to honour Mary and to remember that little girl. Many sick people have got better with God's help when they went to Lourdes.

Find the saints around the church and read each description – match the *names* in your booklet.



1/ This is the Patron Saint of Ireland. He was captured by pirates and made to work as a slave for several years. He escaped but when he had trained to be a priest he went back to Ireland to tell everyone about Jesus and many people followed Jesus because of his help.



2/ This is the Patron Saint of England.
Legend has it that he killed a dragon but he followed Jesus and helped everyone he could. He was killed for being a follower of Jesus so he is a holy Martyr. On his flag you can see the cross he carried which is still used today.

3/ This woman is the Patron Saint of Grandmas. She was the mother of Mary, so she was the Grandma of Jesus.

She helped Mary to look after Jesus when he was very young.



Do you know the names of any of your Grandparents?

Called by name



Jesus calls you by your name. He calls us to follow him in showing love and kindness to others, making this world a better place, a happier place.

What makes your home a **happy** place?

What are the things that we sometimes do that make people **unhappy**?

Task: Use your happy and sad face for each of these situations:

- help put the shopping away
- be cheeky to people at home
- use bad words
- trying my best even when something isn't easy
- be a friend to someone who is lonely or sad
- trying to be honest with other people
- laughing at someone who is unhappy
- talking to Jesus and saying 'thank you' to him everyday
- being selfish
- sulking when I don't get my own way



What are sacraments?



The sacraments help us to be close to Jesus. He tells us that he is with us to make us strong in loving other people.

If I send someone a birthday card it tells them what I am feeling. I am happy to be their friend and happy it is their special day. The card shows what is in my heart.

In the sacraments we use **prayers and symbols**, things we can see and hear, to show us what God is doing in our hearts that we cannot see.

In the sacraments, Jesus tells us ***"I am with you always"***.

Can you name all of the sacraments?



What are sacraments?

Learning about the Sacraments



Reconciliation



Baptism



In reconciliation we are asking God to wash us clean again in our hearts. It is a new beginning.

We are saying sorry and becoming friends again.

Reconciliation



How do we do this at home?

Parable of the Lost Sheep

max7

The image features the text 'max7' rendered in a 3D, blocky font. The letters 'm', 'a', and 'x' are a light grey color, while the number '7' is a bright orange. The text is set against a white background with a soft shadow underneath, suggesting a light source from the upper left. The overall style is clean and modern.



Parable of the Lost Sheep

Then Jesus told them this parable:
“Suppose one of you has a hundred sheep and loses one of them. Doesn’t he leave the ninety-nine in the open country and go after the lost sheep until he finds it? And when he finds it, he joyfully puts it on his shoulders and goes home. Then he calls his friends and neighbours together and says, ‘Rejoice with me; I have found my lost sheep.’ I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent.





Parable of the Lost Sheep



TASK to take away:

Write out the prayer of sorrow into your sheep shape – take this home and practice it. Keep it somewhere you will see it everyday.

