

### SET FREE SUMMIT

We are pleased to be offering an online series of sessions for young adults (18-30 years old), on human sexuality and relationships. The **“Set Free Summit”** is being offered by ICPE Mission, in partnership with the Christian Heritage Centre, and is led by a number of exciting speakers from around the world, building on St John Paul II’s beautiful writings. It takes place online; 4:00pm—5:30pm on Sundays, from 7th February to 14th March. Each session involves a talk, sharing in small groups and a general Q&A. For info and registration, please visit:

<https://christianheritagecentre.com/events/set-free/>

### CHRISTIAN LEADERSHIP FORMATION PROGRAMME

Our new Christian Leadership Formation programme, offered in partnership with St Mary’s University, Twickenham and the Catholic Union of Great Britain, is now open to applications. The programme is offered to students in Lower Sixth Form who are committed to their faith and aspiring to some form of public life. Students will require the support of their schools and religious minister in applying. For info and application forms:

<https://christianheritagecentre.com/clf/>

## The Parishes of Saint Oswald and Saint Sebastian

**Parish Priest:** Fr. Liam Collister

**Parish Office:** Saint Oswald’s Presbytery; St. Oswald Street;  
Old Swan; Liverpool; L13 5SB

### Office hours:

Monday, Tuesday & Thursday: 9:00am—3:00pm

**The office will be closed on Wednesday and Friday**

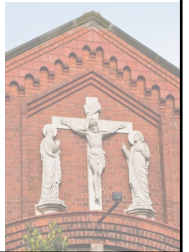
Tel: 0151 228 3327

**Email:** [stoswaldstsebastian@rcaol.org.uk](mailto:stoswaldstsebastian@rcaol.org.uk)

**Webpage:** [www.sebosw.org](http://www.sebosw.org)

**Facebook:**

Friends of St. Sebastian's and St. Oswald's



**Sunday 31st January 2021:  
Fourth Sunday of Ordinary Time**

O come, let us worship and bow down,  
let us kneel before the Lord, our Maker!  
For he is our God,  
and we are the people of his pasture,  
the sheep of his hand.

Psalm 95:6-7

### MASS INTENTIONS

|               |                                 |
|---------------|---------------------------------|
| <b>Sat 30</b> | <b>No Mass/service</b>          |
| Sun 31        | 10:00 Parishioners              |
| Mon 1         | 10:00 Ben Asbridge (RIP)        |
| Tues 2        | 10:00 Florence (Flo) Gray (RIP) |
| <b>Wed 3</b>  | <b>No Mass/service</b>          |
| Thurs 4       | 10:00 Graham Siddall (RIP)      |
| Fri 5         | 10:00 Deceased Sisters of Mercy |
| <b>Sat 6</b>  | <b>No Mass/service</b>          |
| Sun 7         | 10:00 Parishioners              |

**All Masses are celebrated online**

### PRAYER IN TIME OF DANGER AND ILLNESS

God Our Father,  
each person is precious to You.  
You are the Giver of life.

Have mercy on us and protect us at this time,  
as the coronavirus threatens health and life.  
You are an ever-present Helper in time of trouble.

Watch over those who are suffering,  
give strength to those who are aiding the sick  
and give courage to all in this time of anxiety.  
We ask this of you in the name of your Son.  
Jesus Christ. Amen.

### ACT OF SPIRITUAL COMMUNION

My Jesus,  
I believe that You are present  
in the Most Holy Sacrament on the altar.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You. Amen

### PARISH PRAYER LISTS

**Lately dead:** Florence (Flo) Gray; Bernard (Ben) Asbridge;  
Fr. Gerard Britt; Fr. Jim Matthews; Bishop Patrick O'Donoghue;  
Dave Wyke; Elizabeth Connolly; Thomas McKenna; Fr  
Giles Goward

**We remember in our prayers all who have died recently,  
and all whose anniversaries occur about this time.**

**Please pray for:** Peter Benson; Joseph Keaveney; Marilyn  
Brandon; Gary, Alma, & Alf Thomas; Danielle, Tom & Baby  
Luke; Padraig Egan; Ann Tyrrell; Mary & John Murphy; Baby  
Anthony Bowman and Family; Lily Thomas; Josh Thomas;  
Wally & Kath; Vocations to the Priesthood, Diaconate, & Reli-  
gious Life, Adam Mawer, Lil Corner, Mary Carroll

**If you wish to have a name placed on our prayer list,  
please contact the office.**

### PARISH PRAYER LAMPS

The Prayer Lamps on the side altars in both of our churches  
may be lit for any prayer intention that you wish.  
We ask for a donation of £5 per lamp.

### SAINT OSWALD'S LAMPS

Marian Lamp — Joseph Davidson (In memory)  
Sacred Heart — End to the pandemic

### THE DRAMA DISPLAYED: A JOURNEY OF SALVATION

The series continues on Thursday 4th February at 7:30pm.  
This series offers theological reflections on the key moments  
of salvation, supported by a study of various great works of  
art.

For info and registration, please visit:

[https://christianheritagecentre.com/events/the-drama-  
displayed/](https://christianheritagecentre.com/events/the-drama-displayed/)

Recordings of the previous talks are available here:

<https://christianheritagecentre.com/media/video/>